Vol. L Issue 2

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EVENTS

Walk to Remember-Join the team and help celebrate the memory of a loved one at the Hospice of the Western Reserve Walk to Remember at the Cleveland Metroparks Zoo on **Sunday, June 12**th **from 7 a.m.-1 p.m.** Shifts are 7:30-10 a.m. or 10 a.m.- 12:30 p.m. Help as a greeter or with registration. Ability to stand for extended periods of time, bend, stretch, distribute items to participants. Free parking, snacks, bottled water and t-shirt provided. Comfortable shoes suggested and weather appropriate attire.

Help Children to Carry On-Share your time at a day camp for children ages 6-12, designed to give children the opportunity to share their grief experiences in fun and creative ways. The camp is being held the **week of July 11-15**th in Independence. Help as a group facilitator, meal/kitchen helper or field trip chaperone. Onboarding and training required prior to camp.

Food Distributions-Assist making meals a healthier experience. Help with sorting, packaging, and distributing food at a drive-thru distribution. 9 locations/ 11 distributions each month throughout Cuyahoga County. Volunteer once, volunteer often.

ONGOING

Be a Buddy-Two people are matched to create a one-to-one friendship between adults with and without intellectual or developmental disabilities (IDD) in the community. Opportunities for friendship and inclusion are especially important to adults with IDD, who have limited options to stay involved as they age. Get together once a month; enjoy a dinner, go to a movie, or spend time together on a walk, just like any other friendship.

Help Locate Housing-Assist clients who have housing vouchers in finding an apartment to call home. Having an openness to learning of housing needs and resources of clients who are temporarily unhoused, an ability to interact respectfully with shelter clients and to interact professionally with prospective landlords, makes you a perfect match for this position. This is a weekday position 9 a.m.-5 p.m.

Commissary Sales– Substitute sales staff is requested to keep a commissary open weekdays 2:45-4:45 p.m. at an older adult living facility in University Circle. Assist with sales, inventory and forwarding customer requests to the shop manager. Comfortable handling cash and making change, makes you ready for this opportunity.

Spruce up the Yard-Get some exercise while completing yard care projects for older adults in the communities of Cleveland Heights, Highland Heights, Lyndhurst, Maple Heights, Mayfield Heights, Mayfield Village, Richmond Heights, Solon and South Euclid. Projects include general yard cleanup, trimming bushes, weeding, branch removal, mulch, planting and leaf raking. Individual volunteers welcome and can accommodate groups up to 15. Weekdays and Saturdays in 2 hour shifts.

Community Representative-Assist a cancer support mission at health fairs, corporate wellness events and other community events. Talk and inform the public about the importance of this mission and how they can volunteer in support of those on the cancer journey. Most events are 2-4 hours, once a month.

We have more in-person and virtual volunteer opportunities at: <u>greaterclevelandvolunteers.org/programs/volunteer.</u>